

Spring Term | 17 March 2017

Message from the Headteacher



Dear Parents / Carers,

Is your child active enough?

Current Chief Medical Officer guidelines are, that to be healthy and have lifelong health benefits, children should be active for at least 60 minutes per day.

As a school we aim to achieve at least 30 minutes of activity within the school day. Activity can be built into your normal day by walking or cycling to school or visiting the park. Fitness need not be expensive - a visit to Epping Forest for a family walk or picnic is a fabulous way to spend the day and lots of local parks offer a range of free activities such as swings, climbing frames and zip wires to enjoy. Have a think about what you can do to increase your family's activity levels.

Small changes can have lifelong benefits.

Mrs T Martin Headteacher

Easter Holiday Activities

Your child has been given a Holiday Activity programme for the Easter 2017 break. Please take a look through it, there is a host of fun opportunities for you and your family to enjoy during the holidays. All activities are free and are located in Waltham Forest.

For further details about all family events and activities visit www.walthamforest.gov.uk/easter or call 020 8496 3000.

Important Dates

March

- 20 Easter Egg Hunt tickets now on sale £3 per child
- 30 Reception Easter Egg Hunt 3.45 4.15pm
- 24 Red Nose Day
- 29 Nursery & Reception Easter Bonnet Parade
- 30 Last Teatime club for this term
- 31 Leopards Sharing Assembly Last day of term, school closes at 2.30pm No Teatime club running on this day

April

- 18 Staff Inset day no children in school
- 19 School open as usual

May - Year 2 SATs month

The last day of school for this academic year is Wednesday 19th July 2017.

Year 1 Superheroes

This week Yr 1 children have been exploring the senses of touch, sight, taste, smell and hearing by using just one sense to identify a range of items. They have been thinking about food and sorting the foods that they like and dislike into a Carroll diagram. We have also been thinking and talking about foods that are healthy and what makes a balanced diet. The children followed a recipe to make a delicious fruit salad. Some children have already told us that they have enjoyed sharing their newly acquired skills with their parents at home by making their own fruit salads.



RED NOSE DAY

We will be taking part in raising funds for RED NOSE Day on 24th March 2017. Children are invited to wear red clothes to school on this day and make a donation to this worthy cause. The children will take part in fun activities during the afternoon and will be finding out about some of the causes supported by this event.

Reception Easter Egg Hunts

Reception children's Easter Egg Hunt is taking place on 30th March 2017 from 3.45pm till 4.15pm. Tickets will be on sale from Monday 20th March from both sites.

We would welcome parent helpers, please let us know if you can spare some time to help out.



Tickets are priced at £3 per child

School Attendance

- 2 -



Well done to $\underline{\text{Leopards}}$ for reaching 100% attendance this week!

Keep up this excellent attendance.

Who will be the highest attending class next week?

Every child makes a difference to their classes attendance, please support your child in ensuring they attend school every day and on time.

Thank you for your support.

What do you think of the new design? If you have any comments about the newsletter, please email: school@chapelend-inf.waltham.sch.uk

Tel: 0208 527 1388

Email: school@chapelend-inf.waltham.sch.uk

Web: www.chapelendinfants.com
Twitter: @chapelendinfant